

Essex Wellbeing Project Timetable

If you would like to attend any of the activities/events below, please let Rose, Gabby or Jo know or call 07511 824170.

Activity/ Event	Date and Time	Extra Information
The Gates Spring Plant Sale	Sunday 22nd May 12pm at The Gates, London Road Cemetery	Please bring money for food, drink and any thing you want to buy. Let Rose know if you need transport
Tuesday Club On The Town - mini golf	Tuesday 24th May 7pm at King Georges	Please let us know if you need transport. Payment before needed.
Toby Carvery Coffee Morning	Saturday 28th May at Toby Carvery, Brentwood	Please bring money for a drink with you.
Brentwood Community Cinema - Belfast	Sunday 29th May 7-9pm at Brentwood Theatre	£6 a ticket. Payment before needed
Hopefield Animal Sanctuary	Monday 30th May at 12pm	Please bring £6 with you and meet outside Sion.